

PRINCIPLES AND VALUES ASSOCIATED WITH CLEAN SPORT

The principles and values associated with clean sport aim to uphold the integrity of sports by promoting respect for rules, fellow competitors, fair competition, a level playing field, and the global significance of clean sport. Anti-doping programs are designed to protect the health of athletes and offer them the opportunity to pursue excellence naturally, without resorting to banned substances or methods. These programs also strive to preserve the integrity of sport by emphasizing respect for rules, fair competition, and the value of clean sport on an international scale.

The spirit of sport embodies the celebration of the human spirit, encompassing both physical and mental aspects. It represents the essence of Olympism and manifests through various values associated with sports, such as promoting health, ethical behavior, fair play, honesty, athletes' rights as outlined in the Code, striving for excellence in performance, character development, education, fun, joy, teamwork, dedication, commitment, respect for rules and laws, respect for oneself and others, courage, community, and solidarity. The spirit of sport is epitomized by playing genuinely and authentically. Doping directly contradicts the spirit of sport, which is why athletes are strongly encouraged to #playtrue.

The principles associated with clean sport revolve around the concept of integrity, which entails honesty and unwavering adherence to strong moral and ethical principles. Respect plays a fundamental role in clean sport as it involves considering and valuing others, displaying compassion and empathy towards those around us. Responsibility involves having control and being accountable for oneself and others. Athletes, support personnel, and other groups involved in sports bear the responsibility of familiarizing themselves with their rights and obligations outlined in the World Anti-Doping Code.

Athletes and their support personnel must take responsibility for their performance and conduct both on and off the field. Fairness is a crucial element in clean sport, characterized by treating individuals equitably and justly. The principles associated with clean sport align harmoniously with the "Spirit of Sport," reinforcing the importance of maintaining integrity, respect, responsibility, and fairness in all athletic endeavors.