

THE 2024 PROHIBITED LIST - EXPLANATION

The 2024 [Prohibited List](#) enters into force on 1 January 2024 and is available on [SARADO](#) website. All Major Modifications for 2024 are outlined in the [2024 Summary of Major Modifications and Explanatory Notes](#).

A new [Prohibited List](#) is published every year whether or not changes have been made. WADA will always have the most current Prohibited List published on its website.

- The Prohibited List is one of the [eight International Standards](#) under the [World Anti-Doping Code](#).
- The List identifies the substances and methods prohibited in sport.
 - Some substances and methods are prohibited only in-competition – the rest are prohibited at all times.
 - Some substances and methods are prohibited above specific concentrations (decision limits).
 - Some substances and methods are prohibited in particular sports.
- The substances and methods on the List are classified by different categories (e.g., steroids, stimulants, gene doping).
- The list of substances and methods included in each category is not exhaustive. The substances and methods included are only examples to give an idea of the types of substances that would be included in that category.

The Importance of Understanding the List

- Athletes are responsible for prohibited substances found in their bodies and prohibited methods found to have been used. This is the principle of strict liability.
- Athlete support personnel can also be sanctioned if they:
 - Administer or attempt to administer a prohibited substance;
 - Administer or attempt to administer a prohibited method; or
 - Have a prohibited substance or method in their possession without any medical justification.
- Athletes or athlete support personnel should contact their National Anti-Doping Organization (NADO) if they are unsure of the status of a substance and/or method.
- Athletes who have a legitimate medical reason for using a prohibited substance or method may apply for a [Therapeutic Use Exemption](#) (TUE).